

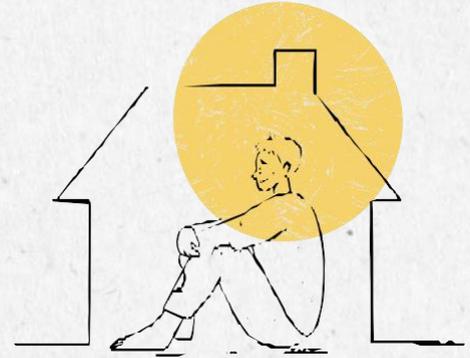


Principles in psychotherapy



Course

- Introduction to psychotherapy.
- Psychotherapy vs somatotherapy
- Psychoeducation and prevention.
- Psychological counseling.
- Personal development and self-knowledge.
- Cognitive-behavioral psychotherapy.
- Psychotherapeutic interventions in oncology.
- Hypnosis and relaxation techniques in pain management
- Psychological intervention in trauma.
- Child and Adolescent Psychotherapy.
- Individual and group interventions in Addictions.
- Psychotherapeutic and psychosocial interventions in stress management.
- The role and the benefits of social support.



Structure Assessment

Structure course hours,
14 week.

Assessment Colloquium



Course tutor

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