



Narcisa-Costela Jianu

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Nationality: Romanian

WORK EXPERIENCE

[01/01/2025 – Current]

Resident - Medical-pharmaceutical laboratory analysis

Emergency County Hospital "Pius Brinzeu" Timisoara

City: Timisoara | **Country**: Romania

- carrying out laboratory analyses on biological samples (biochemistry, hematology, immunology, microbiology) using automated equipment and specific techniques
- technical validation of results and reporting results according to laboratory protocols
- implementation of internal and external quality control procedures (CIQ/CEQ)
- ensuring traceability of samples and compliance with Good Laboratory Practice (GLP) standards
- active participation in supervising the operation and maintenance of laboratory equipment (calibration, preventive maintenance)

[02/10/2023 – Current]

University assistant

Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy

City: Timisoara | **Country**: Romania

- coordination of Clinical Pharmacy and Online Pharmacy laboratory activities (5th year and 1st year of study)
- research activity

[01/10/2022 – 01/02/2023]

University assistant

Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy

City: Timisoara | **Country**: Romania

- Clinical Pharmacy laboratories (5th year of study)

[01/01/2022 – 31/12/2024]

Clinical Pharmacist Resident

Emergency County Hospital "Pius Brinzeu" Timisoara

City: Timisoara | **Country**: Romania

- monitoring pharmacotherapy
- avoiding potentially dangerous interactions
- dosage adjustment according to the patient's clinical and paraclinical parameters

[01/10/2021 – 18/09/2023]

Pharmacist

SC CATENA HYGEIA SRL

City: Timisoara | **Country**: Romania

- issuance of Rx, OTC drugs and other health products
- patient counseling
- reception, handling and storage of pharmaceutical products
- carrying out procedures for pharmaceutical returns and withdrawals

-guiding students practical internships

[01/02/2021 – 01/10/2021]

Pharmacological reviewer

SC CATENA HYGEIA SRL

City: Timisoara | **Country:** Romania

- ensuring the quantitative and qualitative reception of pharmaceutical and parapharmaceutical products
- arrangement by the FEFO method of pharmaceutical and parapharmaceutical products
- keeps track of the validity periods and stocks of the products under management
- participation in the inventory

EDUCATION AND TRAINING

[01/01/2025 – Current]

Resident - Medical-pharmaceutical laboratory analysis

[25/09/2023 – Current]

Master Programme - Statistical Methods and Techniques in Health and Clinical Research

Politehnica University Timisoara - Department of Mathematics

City: Timisoara | **Country:** Romania |

[01/10/2022 – Current]

PhD student

Faculty of Medicine, "Victor Babeş" University of Medicine and Pharmacy, Timisoara, Romania

City: Timisoara | **Country:** Romania |

[01/01/2022 – 31/12/2024]

Specialist Pharmacist - Clinical Pharmacy, M.S. Order 461/2025

City: Timisoara | **Country:** Romania |

[09/2016 – 09/2021]

Pharmacist

Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy

City: Timisoara | **Country:** Romania |

[2012 – 2016]

High school graduate

"Mihai Viteazul" Theoretical High School

City: Caracal | **Country:** Romania |

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

French

LISTENING A2 READING A2 WRITING A2

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Office | Zoom | Social Media | Mendeley; literature and citation management
| R Studio/ R

PUBLICATIONS

- [2025] [Addressing osteoporosis in Romanian patients: preliminary results from an in-person survey](#)
- Jianu N.**, Căpățână D, Teodor A, Onea TN, Muntean C, Romanescu M, Străut B, Merlan C, Andor M, Buda V. Addressing osteoporosis in Romanian patients: preliminary results from an in-person survey. *52nd ESCP Symposium on Clinical Pharmacy. Implementing and scaling sustainable clinical pharmacy practice. International Journal of Clinical Pharmacy* **2025**; **47**: 578. <https://doi.org/10.1007/s11096-025-01891-6>
- [2024] [Osteoporosis: a problem still faulty addressed by the Romanian healthcare system. Results of a questionnaire survey of people aged 40 years and over](#)
- Jianu N.**, Buda V.O., Căpățână D., Muntean C. , Onea T.N., Jivulescu M.A., Teodor A. , Romanescu M., Udrescu L., Groza V., Udrescu M., Buzatu A.R., Dehelean C.A., Andor M.; Osteoporosis: a problem still faulty addressed by the Romanian healthcare system. Results of a questionnaire survey of people aged 40 years and over. *Front. Med. Sec. Geriatric Medicine Volume 11 - 2024* | doi: 10.3389/fmed.2024.1485382
- [2024] [Under-Prescription of Drugs in the Elderly Population of Western Romania: An Analysis Based on STOPP/START Version 2 Criteria](#)
- Baneu, P.; Prelipcean, A.; Buda, V.O.; **Jianu, N.**; Tudor, A.; Andor, M.; Merlan, C.; Romanescu, M.; Suciu, M.; Buda, S.; et al. Under-Prescription of Drugs in the Elderly Population of Western Romania: An Analysis Based on STOPP/START Version 2 Criteria. *J. Clin. Med.* 2024, 13, 5970. <https://doi.org/10.3390/jcm13195970>
- [2024] [Prevalence and Determinants of Self-Medication Practices among Cardiovascular Patients from Béja, North West Tunisia: A Community-Pharmacy-Based Survey](#)
- Suciu, M.; Vlaia, L.; Boujneh, E.; Suciu, L.; Buda, V.O.; **Jianu, N.**; Vlaia, V.; Cristescu, C. Prevalence and Determinants of Self-Medication Practices among Cardiovascular Patients from Béja, North West Tunisia: A Community-Pharmacy-Based Survey. *Pharmacy* **2024**, *12*, 68. <https://doi.org/10.3390/pharmacy12020068>
- [2023] [Sex-Related Differences in the Pharmacological Response in SARS-CoV-2 Infection. Dyslipidemia, and Diabetes Mellitus: A Narrative Review](#)
- Lombrea, A., Romanescu, M., **Jianu, N.**, Andor, M., Suciu, M., Man, D. E., Danciu, C., Dehelean, C. A., & Buda, V. (2023). Sex-Related Differences in the Pharmacological Response in SARS-CoV-2 Infection, Dyslipidemia, and Diabetes Mellitus: A Narrative Review. In *Pharmaceuticals* (Vol. 16, Issue 6). Multidisciplinary Digital Publishing Institute (MDPI). <https://doi.org/10.3390/ph16060853>

CONFERENCES AND SEMINARS

- [20/10/2024 – 23/10/2024] **ESCP 2024 - Symposium Public Health, Health Policy relating to clinical pharmacy and medicines use**
- Cracovia, Polonia
- Jianu N.**, Căpățână D., Teodor A., TONEA T.N., Muntean C., Romanescu M., Bianca Străuț B., Merlan C., Andor M., Buda V. - ADDRESSING OSTEOPOROSIS IN ROMANIAN PATIENTS: PRELIMINARY RESULTS FROM AN IN-PERSON SURVEY - ESCP24SY-1246

[02/10/2024 – 05/10/2024]

National Congress of the Romanian Society of Pathophysiology with international participation

Timișoara, România

Jianu N., Andor M., Suciu M., Suciu L. , Onea T.N., Lombrea A., Romanescu M., Danciu C., Dehelean C.A., Buda V.O. - OSTEOPOROSIS LEVEL OF COMPREHENSION OF ROMANIAN GENERAL POPULATION: RESULTS OF AN IN-PERSON SURVEY

[02/10/2024 – 05/10/2024]

National Congress of the Romanian Society of Pathophysiology with international participation

Timișoara, România

Mareș A., **Jianu N.**, Tudorescu L., Străuț B., Teodor A., Man D.E., Ledeti A., Ledeti I., Dehelean C.A., Buda V.O. - INAPPROPRIATE MANAGEMENT OF CONSTIPATION AMONG ROMANIAN POPULATION: RESULTS OF AN ONLINE STUDY SURVEY

[02/10/2024 – 05/10/2024]

National Congress of the Romanian Society of Pathophysiology with international participation

Timișoara, România

Merlan C., **Jianu N.**, Suciu M., Prelipcean A., Straut B., Teodor A., Sallai A., Andor M., Buda V.O. - MISUSE OF DRUGS IN THE WESTERN ROMANIAN ELDERLY POPULATION BASED ON STOPP/START V.2 CRITERIA

[27/09/2023 – 29/09/2023]

National Pharmacy Congress Cluj-Napoca, Romania

Jianu, N., Căpățână, D., Oprean C., Tot, B., Romanescu, M., Danciu, C., Andor, M. , Buda, S., Heghes, A., Buda, V. *Osteoporosis in Romania: a problem that continues to be faulty addressed in the primary care setting.* National Pharmacy Congress 2023 - 19th Edition, Cluj-Napoca, 27-29.09.2023

HONOURS AND AWARDS

[22/10/2024]

Certificate of recognition - Speaker FASFR Academy Vth edition Awarding

institution: FASFR Academy

21-24 november 2024, Timișoara

[04/03/2020]

First prize in the competition "Communication with the patient" Awarding

institution: Faculty of Pharmacy, "Victor Babeș" University of Medicine and Pharmacy, Timisoara, Romania

VOLUNTEERING

[2025]

Promotion of the Faculty of Pharmacy, Timisoara

- active participation in conducting promotional campaigns for the Faculty of Pharmacy, Timisoara during educational events (educational fairs, visits to high schools)
- presenting study programs, academic activities and career opportunities in the pharmaceutical field to future candidates

Health campaigns carried out in the community pharmacy Timisoara

MANAGEMENT AND LEADERSHIP SKILLS

Good management and leadership skills

-demonstrated leadership skills as a mentor in the training of new employees of SC Catena Hygeia SRL

-good organizational skills acquired during studies as a teamleader in various projects

**COMMUNICATION AND
INTERPERSONAL SKILLS**

Empathy, active listening, emotional intelligence, good communication skills

DRIVING LICENCE

Cars: B