

Heavy Metal Accumulation in Red Arils of Taxus baccata



AIM & OBJECTIVES

L: Toxicological Ansight and Ecological Significance

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BACKGROUND

Taxus baccata L. (European yew) is a gymnosperm species well known for its anticancer taxane content, but also for its systemic toxicity caused by taxine alkaloids A and B, present in all parts of the plant except the red aril, a fleshy structure that surrounds the seed. Although generally considered edible, the aril has attracted growing scientific interest due to its complex biochemical profile, which includes rare carotenoids (rhodoxanthin), polyphenols, unusual fatty acids (PMI-FAs), and essential amino acids. Recent literature suggests that the aril may function as an *ecological phytosentinel*, capable of *accumulating heavy metals* depending on soil composition. Aril extracts exhibit antioxidant and anticancer potential, positioning this structure between pharmacological concern. Its sensitivity to environmental metal exposure also supports its role as a natural bioindicator for pollution assessment [1,2].

This study aims to chemically, histologically, and toxicologically characterize the red aril of *Taxus baccata* L., in order to assess its therapeutic \checkmark potential as well as the ecological and consumption-related risks it may pose.

✓ Specific objectives:

> To determine the elemental composition of the aril using X-ray fluorescence (XRF) spectroscopy, in order to detect potential heavy metal accumulation;

- To perform histochemical visualization of alkaloid presence/absence in aril and seed tissues using sulfuric vanillin staining;
- To assess the biosafety of an ethanolic aril extract (TX A) through the HET-CAM (Hen's Egg Test on Chorioallantoic Membrane) assay;
- To determine the antioxidant capacity of the ethanolic extract using the DPPH radical scavenging method;
- To estimate the total polyphenol content of the aril extract using the Folin–Ciocâlteu reagent.



 ✓ Total Polyphenolic Content via Folin–Ciocâlteu Method (Fig. 5): The total polyphenolic content (TPC) of the *Taxus baccata* aril ethanolic extract was determined

Element:	Average ppm
Potassium (K)	35383
Calcium (Ca)	2173
Barium (Ba)	175
7:00 (7:0)	E A

51

21

20

17

13

9

5

ND

ND

ND

ND

ND

ND

ND

ND

ND

colorimetrically using the Folin–Ciocâlteu reagent. The measured value was 94.6 ± 3.2 mg gallic acid equivalents (GAE)/g dry extract, indicating a moderate-to-high level of phenolic compounds.

CONCLUSIONS

ACKNOWLEDGEMENT

✓ This study demonstrated that the aril of *Taxus baccata* L. is free of toxic diterpenic alkaloids (negative reaction to sulfuric vanillin) and shows no irritant potential in ovo (IS) = 0.07).

- \checkmark XRF analysis confirmed the absence of toxic heavy metals (Cd, Pb, Hg, Ni), indicating a safe ecotoxicological profile.
- \checkmark The ethanolic extract exhibited significant antioxidant activity (63.4% DPPH inhibition at 200 μ g/mL, $IC_{50} = 112.5 \,\mu g/mL$) and a high polyphenolic content (94.6 mg GAE/g).

 \checkmark The aril can be considered a promising source of bioactive compounds and a potential environmental bioindicator.

Fig. 5. TPC Content

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